



SHEBAD Releases their Debut EP ‘show us it’s real’

Vibrant and alive, the Guelph based multidimensional R&B entity [SHEBAD](#) releases their five song debut EP *show us it’s real*.

“This is the manifestation of Mark and I’s life force energy.” Says co-lead and voice **Claire Voy**, “A first demonstration of who we are as musicians and beings, and a true introduction to what SHEBAD has to offer.”

After the success of their form bending single [Terra](#), its home EP is here. Hitting over 130 000 streams globally, *Terra* has found itself on Spotify’s Fresh Finds and Outliers playlists as well as multiple radio stations including **NPR’s L.A based KCWR**; opening the doorway to performance opportunities across Ontario and BC, sharing the stage with Juno award winning artists such as Dear Rouge, JESSIA and Snotty Nose Rez Kidz.

“*show us it’s real* is a call out to the universe.” Says co-lead and multi-instrumentalist **Mark Spagnolo** “All we can do as conduits of music is receive and release.”

The recordings were home produced and recorded by Claire and Mark with instrumental appearances by their live coparties Toby Binder (Drums), Nathan Klassen (Sax/Trumpet), Shawn Fisher (Violin) and Simon Pequignat (Guitar). **The EP is in a sonic world of its own.**

“We’re just vessels for something bigger. It feels like we’re here to summon an idea or experience that can only live through music. The music speaks for itself” notes Claire.

For Claire, the drive to produce visual art is equally compelling to that which informs the duo's music creation. All of the cover art for SHEBAD's subsequent releases, *show us it's real* included, have been created by Claire through a combination of photographic, digital, and painted techniques.

“Music is an open landscape for so many other forms of art to live in and around. I'm fascinated by the way they interact with each other to form worlds of their own, worlds that create themselves from the textures of emotion, colour, sound, and feeling. I spend a lot of time in worlds that other artists and musicians have created, whether it's for adventure or understanding or love. It's exciting to know we're creating a world of our own for people to visit and discover for themselves.”

Their live performances of the EP have accrued a cult following in Guelph, Ontario. Incarnating typically as a six piece band, the songs are brought to life by local talents and friends Maya Bishop (Vox), Jon Chung (Keys/Synth) and Emil White (Sax/Bass). Open Yourself, the opening track to the EP, can be seen live [here](#) at Kazoo!Fest 2022:

“The process of creating the five tracks on *show us it's real* has deepened our love for life's journeys in ways we couldn't have imagined. Open yourself and enjoy. ”

show us it's real tracklist:

1. Open yourself
2. Morphing
3. Terra
4. Cumulo
5. familiar thing in you